

## ***HEALTH AND SICKNESS POLICIES***

We require an initial physical examination report and current immunization records from a doctor before a child enters Watertown Christian School.

Do not bring a child to school if they have a fever (unmedicated), diarrhea, vomiting, unexplained rashes, infectious diseases, or any other viral symptoms. If your child becomes sick at home during the night, please consider keeping them at home the next day instead of bringing them to school. Medication will only mask the problem, symptoms will reoccur once the medication wears off. Children with colds should remain at home if they have a fever.

Children may return to WCS after being symptom free or on medication for 24 hours. If your child begins running a fever, has diarrhea, is vomiting, has an unexplained rash, or appears to have conjunctivitis, they will be isolated until they can be taken home.

Medication is administered only after the “Permission for Medication/Emergency Treatment” form has been properly completed and signed by the parent/guardian. Medication will not be given to the child to take alone and must not be left in lockers or book bags.

All medicine must be in its original container and clearly marked with the dosage and the child's name. All medication will be kept at the front office.

Children should have some daily outdoor activity. They will be given an outdoor playtime if at all possible. Please dress your children appropriately when the weather is cold so that they will be comfortable outside. If a child is too ill to go outside and play, they are too ill to be at WCS. If a child must be on a special diet for health reasons, please inform the front desk.

We will administer first aid when needed. Many of our teachers and administrative staff are trained and certified in first aid and CPR. In an emergency, we will call 911 for medical assistance.

Please see that your student receives a good night’s rest and nutritious meals. These go a long way in providing for a healthy child.

We will share information with those involved when any of our children have been exposed to a communicable disease. Notify the office when your child has an illness the school needs to know about.

When your child is unable to participate in recess or PE for health reasons, a note must be provided to inform the teacher.