



WCS September 2020 Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>The required vegetables, fruits, protein, grains, and milk are served with all meals.</p>		1	2	3	4	5	
	6	7	8	9	10	11	12
		•No School - Labor Day	•Cheese Quesadilla	•Popcorn Chicken	•Pancakes & Bacon	•Chicken Alfredo	
	13	14	15	16	17	18	19
		•Goulash	•Hot Dog and Mac & Cheese	•Roast Beef & Mashed Potatoes	•Taco Salad	•Eggs & Muffin with Sausage	
20	21	22	23	24	25	26	
	•Chicken Nuggets	•Spaghetti	•Chicken Noodle Soup	•Meatball Sub Sandwich	•Hamburger		
27	28	29	30				
	•Chinese Orange Chicken	•French Toast with Sausage	•Beefy Nacho				